

# The Holidays and Addiction: What Every Family Needs to Know.

A Town Hall About Intervention, Relapse Prevention and Survival  
Brought to you by Symetria Health and Soft Landing Recovery.

Each year, the holiday season brings joy and hope for the coming year. But for those individuals and families struggling with opioid addiction, the holiday season can be the darkest of days.

Symetria Health, the parent company of Soft Landing Recovery, a leading addiction treatment provider in the Chicago area, will provide families with important information on intervention, tools and pathways to care in an informative Town Hall forum of National Advocates. Symetria Health is bringing these major national thought leaders and world-renowned speakers and authors representing the national conversation on addiction together for a discussion on what families MUST know if a loved one is in need of help.

## HOST



### Chris Hassan

*CEO, Symetria Health*

Chris is an addiction veteran and original team member of the buprenorphine launch. He has spent decades developing and refining the Symetria Method® which combines medication assisted therapy with behavioral counseling in an outpatient setting.

## MODERATOR



### Justin Luke Riley

*President & CEO, Young People in Recovery*

Justin was featured as 1 of 4 Social Entrepreneurs Advancing the Nationwide Recovery Movement in Forbes magazine. He is also a White House Champion of Change award recipient, while having been in long-term recovery since 2007.

## PANEL



### Mackenzie Phillips

*Actress, Author & Counselor*

A world-renowned actress and author. Mackenzie also works as a substance use disorder counselor bringing with her a unique perspective, shaped by her own battle with substance abuse.



### Ryan Hampton

*Recovery Advocate & Founder of the Voices Project*

Nearly three years into recovery from a heroin addiction, Ryan has rocketed to the center of America's rising recovery advocacy movement. He is a leading face and voice for addiction recovery and is changing the national dialog through social media.



### Brad Lamm

*Author, Teacher & Interventionist*

Brad is best known for helping people make life-enhancing change on The Dr. Phil Show, The Doctors, TODAY, and the Dr. Oz Show. Brad's mission is to help families have "more good – less bad" in their lives.

## GUEST SPEAKERS



### Sara Moscato Howe, MS, CHES

*CEO, Illinois Association for Behavioral Health*

Sara is responsible for federal policy and legislative analysis and advocacy efforts on behalf of more than 60 community-based substance use and mental health disorder prevention, treatment and recovery service providers.



### Jeffrey T. Johnson, DO, ABFM, ABAM

*Medical Director, Inpatient Chemical Dependency Services, Central DuPage Hospital/Northwestern Medicine*

Dr. Johnson has practiced Addiction Medicine for over 30 years and was in the first class of physicians trained and waived to prescribe buprenorphine.

## EVENT DETAILS

Admission is FREE, however, seating is limited.  
Pre-register for this event by visiting:  
<http://bit.ly/AddictionTownHall>

For more information, contact:  
Natalie Thukkaram - 630-261-9220, ext. 1041

Or, visit [softlandingrecovery.com/news/](http://softlandingrecovery.com/news/)



Date: Tuesday, December 19, 2017  
Time: 7:00 PM

Location: Wentz Concert Hall, Fine Arts Center  
at North Central College  
171 E. Chicago Ave., Naperville, IL 60540

